

THE EXES GET TONGUE-TIED AT MET GALA AFTER-PARTY. PAGE 15



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Top 3

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- 1 'Boston Marathoner seeks guy she kissed, hears back from his wife'
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- 3'I tried SoulCycle, and it made me question my humanity'



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Students make new lives with tech training

Career. A student from the NYC Web Development Fellowship opens up about her tech-savvy future.

Tech is big business in New York City, and a city program helps New Yorkers who didn't go to college to earn big bucks in the booming sector.

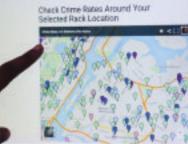
Last Sunday, as the rest of New York City relished in the sunshine and spring heat, Jayana Johnson was inside the Flatiron School's Brooklyn campus, not far from the Brooklyn Bridge, with enticing views of the Manhattan skyline.

Slippers were tucked under desks, with tooth-brushes and other essentials left on desktops in the room. Johnson said her class of 32 students just finished an app building project, and her team built an app called Rackit using Ruby on Rails to help users locate and decide which bike rack is best, taking into account crime rates.

"It's like trying to learn Chinese in five months," Johnson said of learning the different web languages. "A year ago, no one could ever tell me this is where I would be right now. ... I always wanted to be in tech, but I never thought it would be a possibility."

Johnson, 27, a native New Yorker who grew up





NEW YORK



About the program

The fellowship provides the \$15,000 training free to participants, and of the 88 people to go through the program so far, 96 percent have secured jobs at top tech companies. The median income is \$70,000, according to the city.

- The deadline to apply for the next Web Development Fellowship is June 1.
- More information on tech training programs across New York City is at Flatironschool.com.

Quoted

"Don't be afraid. I think that's what was holding me back for a long time. People forget that's pretty much all that can happen. You'll just hear a 'no' and then you can go find another way."

Iohnson

in the Bronx and now lives in Brooklyn, was selected from a pool of more than 1,000 applicants for the NYC Web Development Fellowship.

The city program partners with the Flatiron School, which offers full-and part-time web classes, for a rigorous five-month training course, followed by a 12-week paid internship at companies such as Buzzfeed, Kickstarter and Microsoft.

Kristen Titus, founding director of the NYC Tech Talent Pipeline, said the program is open to 18- to 26-year-olds — the tech-savviest generation — who do not have a four-year degree and who have not worked as a web developer

or earn more than \$50,000 a year.

"What we hear from our partners is that they need talent," Titus said. "With 300,000 jobs in New York today and 30 billion in annual wages, we see this as a real opportunity."

As for Johnson, who plans to pursue a tech career in the nonprofit world, diversifying the field is important.

"A little less than half our class is female, and to know that we're going to be out there, and be a face for that, I feel the responsibility to go out there and represent us."



WENDY JOAN
BIDDLECOMBE
Wendy.Biddlecombe@metro.us

Brooklyn. Off-duty NYPD officer killed in motorcycle crash

An off-duty police officer was killed Monday afternoon in a motorcycle accident in Brooklyn.

Police have not yet released the name of the 35-year-old officer, who was riding his 2008 Ducati bike south on Rockaway Parkway between Avenue J and Flatlands Avenue around 7 p.m. when he slammed into the side of an SUV that was making

a U-turn

The motorcyclist was thrown from the bike, and responding officers found him unconscious and unresponsive in the road. He was pronounced dead at Brookdale Hospital.

The SUV driver, a 28-year-old woman, was treated for neck and back pain at Kings County Hospital. Two 3-year-old boys riding in the backseat were not hurt, police said.

The fatal accident came just hours after NYPD Officer Brian Moore died after being shot in the head by a convicted felon two days earlier.

Moore was allegedly shot by Demetrius Blackwell around 6:15 p.m. on Saturday. Moore is due to be laid to rest on Friday. WENDY JOAN BIDDLECOMBE

MTA

De Blasio CCs reporter on cranky email

Mayor Bill de Blasio blasted the MTA in an email he accidentally sent to a New York Times reporter, the newspaper reported.

De Blasio reportedly waited for 20 minutes for an express 2 train Monday that never showed up due to major delays.



"This was knowable info," he wrote in the email. "Had we

had it, we would have avoided a lot of hassles." He also urged his staff to coordinate future subway trips with the MTA, which makes us think he has way more power over the train schedules than he lets on. METRO

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www.metro.us Wednesday, May 6, 2015

Report: Renting, buying both more expensive

There's no denying that in New York the rent is too damn high. / GETTY

Housing. New Yorkers' incomes not keeping pace with rents.

metr⊕

The cost of living in New York City continues to rise, with the costs of buying a home or renting an apartment both outstripping the rate of income growth for New Yorkers.

The cost of buying a home in the city went up for the third year in a row, no matter which borough you live in, according to a report from researchers at N.Y.U.'s Furman Center.

Though the sharpest increase was in Manhattan, every borough saw the cost of buying a home increase between 2013 and 2014. The report found that this is true for all types of housing.

But forget about buying a home; even renting can be a stretch for some of the 68 percent of New Yorkers who rent, the report found.

Based on city data, between 2005 and 2013, the researchers found that the median rent across the city has increased by nearly 12 percent, while the median income of people paying rent has gone up by just 2.3% over that time.

"Over the past nine years, rent increases have growth," the report said.

surpassed income While rents have

Priciest neighborhoods to rent in

- Financial District, Manhattan: \$3,750
- Midtown, Manhattan: \$3,655
- · Clinton/Chelsea, Manhattan: \$3,468
- Greenwich Village/Soho, Manhattan: \$3,400
- Stuyvesant Town/Turtle Bay, Manhattan: \$3,195
- Greenpoint/Williams-

- burg, BK: \$3,100
- Upper West Side, Manhattan: \$3,100
- Lower East Side/Chinatown, Manhattan: \$3,000
- Fort Greene/Brooklyn Heights, BK: \$2,995
- Park Slope/Carroll Gardens, BK: \$2,750

*By median asking price on

of New Yorkers rent

36.5%

compared to 36.5% nationally

soared, the neighborhoods in and close to Manhattan tend to be the priciest.

The top five most expensive neighborhoods to find a new apartment were all in Manhattan. The least expensive on the list were mostly in The Bronx and Staten Island.

The N.Y.U. report found that rises in rents are likely to be more drastic if you're looking for a new apartment, rather than staying where you are.

'Because many renters live in rent-stabilized apartments, receive rent subsidies, or simply get favorable terms as a result of long-term tenancy, the median gross rent paid by all New Yorkers may not reflect the experience of those looking for an apartment on the open market," the report says.

These increases come at a time when Mayor Bill De Blasio is still pushing his affordable housing plan, one of the main issues he has repeatedly raised during his time in office.

The plan involves building 80,000 units of affordable housing and preserving 120,000 units on top of that.

NIDHI PRAKASH @MetroNewYork

Etan Patz jury deadlocks again

Murder trial. A judge ordered jurors back to work in 1979 child murder.

A jury on Tuesday said it was deadlocked again in the murder trial of a man who confessed to killing 6-year-old Etan Patz in 1979, but a judge ordered the panel to keep trying to reach a verdict.

Jurors have been struggling to reach a verdict in the kidnapping and murder trial of Pedro Hernandez, 54, a former deli worker, at state Supreme Court in Manhattan.

In a case that changed the way the United States



responds to reports of missing children, Patz vanished in 1979 from his Soho neighborhood in Manhattan and has never been found. The boy's picture was among the first to appear on milk cartons in a national campaign to locate missing children.

In its 15th day of de-

liberations, the jury sent a note saying it was deadlocked. The panel sent a similar note last Wednes-

Judge Maxwell Wiley, as he did last week, ordered the jury to keep working to try to reach a verdict in the trial, which included 10 weeks of witness testimony.

Hernandez told police in 2012 that he had choked Patz in the basement of a nearby deli where he worked, stuffed him in a box and left his still-moving body in an

If the jury remains unable to reach a verdict and a mistrial is declared, the prosecution would have to decide whether to retry the case.



Sunny Cinco de Mayo in Sunset Park

A Sunset Park Cinco de Mayo celebration showcased Mexican Ballet Folklorico dancing at the Sunset Park Recreation Center. Here a flamenco dancer performs a traditional dance. BESS ADLER, METRO

Fatality

Construction worker dies in **Times Square**

A construction worker died Tuesday afternoon after falling hundreds of feet down an elevator shaft, police said.

The NYPD found a 25-year-old male, unconscious and unresponsive, at the construction site at 301 W. 46th St., which will be the RIU Hotel Times Square. He was pronounced

dead at Bellevue Hospital. His name has not been

released by authorities. The

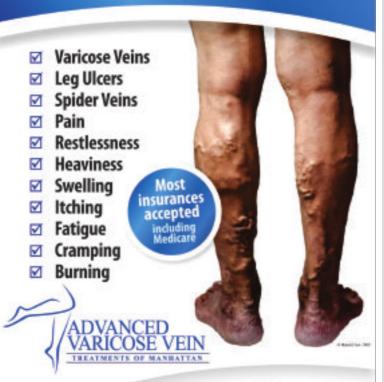
New York Times has identified him as Christian Gisci of Jersey City.

The investigation into the accident continues. The Times reported that the construction site was issued a stop work order in 2013 after complaints of unsafe working conditions. METRO



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Bad weather disrupts links to Nepal village hit by earthquake

Village. Rescuers are digging in the snow for signs of about 120 others believed buried.

metr⊕

Bad weather has cut links with a remote village in Nepal where dozens of villagers and trekkers are believed to be buried under an avalanche set off by last month's devastating earthquake, officials said on Tuesday.

The death toll from the April 25 quake in the Himalayan nation has reached 7,566, and over 14,500 people were injured, the government

About 100 bodies were recovered on Saturday and Sunday at Langtang village, 37 miles north of Kathmandu, which is on a trekking route popular with Westerners.

Gautam Rimal, assistant chief district officer in the area where Langtang is located, said authorities had not made contact with Langtang for more than 24 hours because of bad weather.

The dead include at least seven foreigners, but only two had been identified, Gautam Rimal said.

Meanwhile, a row has broken out between Nepal and some international agencies over the handling of aid that poured into the country after the earthquake, with each side blaming the other for confusion and delays in getting help to victims.

Fight. Pacquiao sued in US court for allegedly not disclosing injury



Two people in Nevada filed a lawsuit on Tuesday against Manny Pacquiao, alleging the boxer defrauded ticket buyers, television viewers and gamblers by failing to disclose a pre-bout shoulder injury ahead of his fight against Floyd Mayweather Jr.

The lawsuit was filed

in U.S. District Court in Nevada and seeks status as a class action. It asks for all relief allowed by

Transportation

White House approves licenses for **Cuba ferry** service

The U.S. Treasury Department on Tuesday approved an unknown number of licenses for passenger ferry service between the United States and Cuba, a Treasury Department official told Reuters.

One of the licenses was issued to Baja Ferries, part of a major shipping group with passengers and cargo operations,

including on Mexico's west coast, according to a lawyer who handled the license application.

Ferry service between Cuba and the United States was cut off in the early 1960s, following the Cuban revolution that brought Fidel Castro to power. **REUTERS**





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Five things you need to know

In Baltimore, AG pledges to help police reform

New U.S. Attorney General Loretta Lynch on Tuesday met with Baltimore officials and the family of a 25-year-old black man killed by police last month and vowed to help the city pursue police reform.

The meeting in Baltimore came the week after the city's top prosecutor brought criminal charges against the six officers involved in the April 12 arrest of Freddie Gray, who suffered a spinal injury that led to his death a week later.

Gray's death was the latest in a series of police killings of unarmed black men across the United States and provoked weeks of largely peaceful protests punctuated by a day of arson and looting on April 27.

"This is a flashpoint

situation," Lynch told a group of officials after a private meeting with the Gray family. "We lost a young man's life, and it begins to represent so many things."

The Justice Department, she said, will work with the city as it seeks to improve its police department. Prosecutor Marilyn Mosby said last week there had been no legal basis for Gray's arrest, which came after he fled from a police officer after making eye contact.



US approves \$330M for bird flu outbreak in poultry

The Office of Management and Budget has granted U.S. Agriculture Secretary Tom Vilsack the authority to transfer an additional \$330 million in emergency funds for the agency's handling of the quickly spreading avian influenza outbreak.

The funds will be used to cover indemnity claims filed by poultry farmers whose flocks have been infected by the highly pathogenic H5 virus and other issues related to the outbreak, the sources told Reuters. The additional funds will be added to the \$84.5 million previously set aside by the USDA for the outbreak.

JetBlue and Amazon agree to stream media in-flight

JetBlue and Amazon have agreed to stream television, movies and music from the Internet retailer in-flight, broadening travelers' entertainment options, the companies said Tuesday.

The service will be available on a majority of JetBlue's aircraft this year via the airline's free Wi-Fi so passengers can use their laptops and mobile devices.

Travelers can rent or buy titles from Amazon or stream content at no extra cost if they are Amazon Prime members.



US probing ISIS claims it was behind Texas attack

U.S. investigators were looking into claims by the Islamic State that it was behind a failed attack on a Texas exhibit of cartoons of the Prophet Muhammad in which two gunmen were killed, but officials said they doubted the group's direct involvement.

Islamic State said on its official online radio station that "two soldiers of the caliphate" carried out the attack.

The White House said it was too early to tell if the gunmen killed were tied to ISIS. Spokesman Josh Earnest said many people tried to capitalize on the influence of the group by claiming allegiance when they were not affiliated. REUTERS

Obama nominates new top US military officers

President Barack Obama nominated Marine General Joseph Dunford as the next chairman of the Joint Chiefs of Staff, praising him as a leader who helped shape the changing role of U.S. troops in Afghanistan.

Obama urged the Senate to quickly confirm Dunford and his new pick for vice-chairman, Air Force General Paul Selva. He said he would rely on their advice on the fight against Islamic State militants and "rebalancing" U.S. military posture in the Asia Pacific region. DUNFORD REUTERS



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1 bedroom	\$522	11		1 person † 2 people † †	\$20,473 - \$24,200 \$20,473 - \$27,640		
1 bedroom	\$666	19	0	1 person † 2 people † †	\$25,710 - \$30,250 \$25,710 - \$34,550		
1 bedroom	\$810	18	\bigcirc	1 person † 2 people † †	\$30,946 - \$36,300 \$30,946 - \$41,460		

* Rent includes gas for cooking.

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When is the Deadline? What Happens After You Submit an Application?

Applications must be postmarked or submitted online no later than June 30, 2015. No late applications will be cons After the deadline, applications are selected for review through a lottery process. If yours is selected and you appear to qualify, you will be invited to an interview to continue the process of determining your eligibility. Interviews are usually scheduled from 2 to 10 months after the application deadline. You will be asked to bring documents that verify your household size, identity of members of your household, and your household inco

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NEWS

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Republican Mike Huckabee announces 2016 presidential bid

Policies. He would change the approach on ISIS threat from attempting to contain it to instead conquering it.

Republican Mike Huckabee entered the race for his party's 2016 presidential nomination on Tuesday, looking to break out from an ever-widening field by drawing on the support of social conservatives attuned to his culture-warrior message.

In a speech filled with fiery rhetoric, Huckabee, a former governor of Arkansas, said that, if elected, he would change government policies to focus more on the economic plight of middle-class Americans.



Republicans



Huckabee, 59, a former host of a popular Fox News Channel program, became the sixth Republican to make a formal White House bid. He made his announcement in Hope, the small Arkansas town that he and Democrat Bill Clinton claim as their hometown

Huckabee vowed strong U.S. support for Israel and took a dim view of negotiations aimed at deterring Iran from developing a nuclear weapon.

"Hell will freeze over" before Iran gets a nuclear weapon, he added.

A former Baptist pastor and unabashed culture warrior, he entered the Republican field facing competition for the support of social conservatives who backed him in 2008.

Huckabee spoke of his life in Arkansas, recalling daily prayers, fishing and hunting. He met his wife at the high school they attended.

The candidate hardworking Americans are being left behind in today's economy and blamed President Barack Obama for U.S. economic woes.

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2016. Bill Clinton digs in as money questions bedevil Hillary's run

If Hillary Clinton has a Bill Clinton problem, Bill Clinton does not seem to see it.

The former president's insistence on Monday that he would continue to give paid speeches for six-figure sums and remain his family's foundation chief ambassador and fund-raiser seem likely to ensure that questions surrounding the foundation and, in turn, Bill and Hillary Clinton's finances will plague the latter's presidential campaign for the foreseeable future.

"I don't think I did anything that was against the interests of the United States," a defiant Bill Clinton said in an interview with NBC News. "I'm not responsible for anybody else's perception.

But upon hearing Clinton's remarks, one prominent philanthropy expert said allegations that foreign donors to the foundation sought to curry favor with the U.S. State Department during



Hillary Clinton's tenure as secretary were damaging her campaign for the November 2016 presidential election.

Doug White, who runs the fundraising management program at Columbia University in New York, said Bill Clinton should distance himself from the foundation right away.

"I don't believe he should stay on the board of directors because of a real conflict of interest," White said. Until he does, Hillary Clinton "is in a very precarious position." REUTERS

Painful Varicose Veins & Swollen Legs?



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Texas. High school teaches abstinence, 20 kids get chlamydia

Nearly 7 percent of students at Crane High School in Crane, Texas, have chlamydia. Compare that to the county's 0.26 percent rate of chlamydia

The Crane Independent School District sent letters to parents about the outbreak to warn parents of juniors and seniors of the risk of infection. The Texas Department of State Health services informed Crane and Upton County officials after seeing the alarming numbers.

What kind of sex education is taught in Crane



Cases of chlamydia

The high school has 300 students. and the student body has 20 cases of chlamydia, reports My San

County schools? Abstinence.

Crane High School has three days of sex education in the fall and encourages abstinence. The school district's superintendent Jim T. Rumage defended the approach, saying that abstinence is an effective way to prevent chlamydia.

"If kids are not having any sexual activity, they can't get this disease," he said. "That's not a bad program."

Rumage and his board are reviewing the curriculum, however, and will propose a curriculum on May 19. andrea park, metro

Five paintings missing since World War II returned to Germany

Movie. A special hot line set up after the film 'The Monuments Men' helped recover the paintings.

paintings missing since World War II are being returned to Germany from the United States so that they can be given back to their rightful owners, the State Department and Monuments Men Foundation said on Tuesday.

The foundation, which aims to return art works missing since the war, said the move came at the behest of the families of those who acquired the art.

"The paintings ... represent an important part Germany's cultural



heritage. They have a long history," Victoria Nuland, Assistant Secretary of State for European affairs, told reporters. "Both sets disappeared at the end of the war and resurfaced in the United States.'

Three of the paintings, which originated from an art gallery in the Germany city of Dessau, were won by an American soldier in

a poker game, who later mailed them to his wife.

The works, by Frans Francken III, Christian Wilhelm Ernst Dietrich and Franz de Paula Ferg, had been hidden in a potassium mine for safekeeping during the war, according to the foundation.

The two other paintings, which once belonged to Queen Victoria's daughter Princess Victoria, came from a castle near Frankfurt, which was confiscated by U.S. forces and converted into an officers' club.

Those works, which include a portrait of Princess Victoria as a child being held by her mother, were bought in 1945 by a woman who served as a librarian for the U.S. Special Services. REUTERS



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GETTY IMAGES

Peacock proud of pretty plumage

A white peacock opens its plumage at the Nogeyama zoo in Yokohama, Tokyo on May 5.



Met Gala: Katy Perry and John Mayer pack on the PDA

So I guess we're officially back into the on-again swing of Katy Perry and John Mayer's epic, yearslong, on-again, off-again romance? Because they were the talk of the Met Gala after-party circuit after they were spotted locking lips, holding hands and generally canoodling at a soiree at the Boom Boom Room, according to Us Weekly. (Also, I'm sure it's a fun place and all, but that really just sounds like toddler code for the bathroom.) So if you, like me, have a fancy, two-sided Perry-Mayer sign on your fridge — kind of like a "clean or dirty" button for the dishwasher — kindly flip it to "on," because

Speaking of on-again, off-again romance, relations between Justin Bieber and ex Selena Gomez appeared to warm, as the two were seen acting civil toward one another at Rihanna's afterparty, where they exchanged some words," according to E! News. And while he even told the

that "Selena looked gorgeous" on his way out, the Biebs was apparently more focused on making an impression on the fashion world. So, you know, be afraid of that. "It meant so much to Justin," a source says of his attending the Gala. "It was definitely his entrance into fashion. He was honored and happy the whole time." Wow, the whole time? Impressive.

Ryan Gosling finally eats his cereal

Ryan Gosling isn't necessarily a fan of the myriad Internet memes devoted to him, but the guy's not made of stone, OK? When he got word that Ryan McHenry, the Vine user who popularized the bi zarre "Ryan Gosling won't eat his cereal" videos, had passed away this week after a two-year battle with cancer, Gosling sprung into action, posting his own Vine featuring him finally — finally! — eating some cereal. "My heart goes out to all of Ryan McHenry's family and friends," Gosling tweeted. "Feel very lucky to have been a part of his life in some small way." Now if we could only get him to lighten up on the "hey girl" stuff.



Miley Cyrus knows how to launch a charity

Miley Cyrus is bringing back her fun "Backyard Sessions" music performance series but this time with a purpose. The "Wrecking Ball" singer just launched the Happy Hippie Foundation, a nonprofit dedicated to supporting at-risk LGBT and homeless youth. She kicks things off by dueting with none other than Joan Jett on a rendition of Joan Jett

and the

Blackhearts'

"Different,"

and further duets

feature Ariana Grande, Melanie Safka and Against Me!'s Laura Jane Grace. "I want to use my voice as a megaphone to young people everywhere and encourage human evolution," Cyrus says. "No one should have to hide

who they really are, no matter what his or her name, gender or status. That's why Happy Hippies are here to say that every life is valuable." There's no joke here. I just think she's doing something awesome.

Michael Jackson's kids are squabbling

You may find this hard to believe, but there's trouble in the Jackson family. Michael Jackson's oldest kids, Paris and Prince, are reportedly no longer speaking to each other, according to Radar Online. "Paris is barely even speaking to her older brother Prince," a source says. "She cannot tolerate her brother and says that he is disgracing their father's legacy"

and inheriting a massive fortune. Prince, it seems, has been acting out, and "this type of behavior does not fly" with Paris, according to the source. "The family is doing everything that they can to keep Paris away from Prince because they do not want her to go down the wrong path again." Sure, but where does Blanket stand on all of this?

since turning 18

CULTURE

Twitter feed

Today, Sarah Silverman understands how the world works, Judd Apatow is not emotionally prepared, Kevin Hart is not in control, Patton Oswalt is living the life and Liam Payne should probably be in bed.

@SarahKSilverman: Sometimes you just need something to regret and that's why God invented

@JuddApatow: The President saying goodbye to Letterman made me cry. It's gonna be a brutal final few weeks of the show.

@KevinHart4real: When you need sleep your body will make it happen POINT

@pattonoswalt: Um, someone sent me #Star-WarsCereal? What is happening?

@Real_Liam_Payne: Late nights huge tunes



If waiters were honest

None of this should come as that big of a surprise, but waiters and waitresses aren't always as happy to serve you as you might think. The folks at BuzzFeed break it down on their BuzzFeedYellow channel — though I'm still not sure what the different

colors signify — with this

look at restaurant staff

serving up some truth.



While I dig "Your appetizer is taking a long time because I forgot about you," there's just something about this one particular

lady that makes me feel like we might be related: "Hey there, I'm super hungover. Can I get you some waters?"

"Fraction Of An Inch" Success And Failure With Popular

Vital Information All Knee Arthritis Sufferers

By Matt Edgar-Health Writer
Manhattan - In just a moment
I'm going to tell you about a
very "candid" and somewhat
embarrassing moment I had
with a doctor.

A moment most doctors would not want you to know about.

As I reveal what happened in that moment - it will become clear to you not only why this doctor has so much success treating knee arthritis pain... but you will also discover a possible way to relieve some or all of your pain, too.

But before I tell you all that - let me ask you this: How would you like to finally have a real medical solution for your knee arthritis pain?

Not some scam sold on an infomercial or the internet. A real medical treatment that has already worked for countless people just like you and is covered by most insurance and medicare?

Can you imagine what it would feel like to be able to eliminate enough of your pain and stiffness so you can get out of bed without pain and go for walks and even do things like play golf or tennis?

How relieved would you be if you felt so much better that you no longer needed to go through total knee replacement surgery and all the grueling rehabilitation?

Sounds Too Good To Be True?

I'm glad we agree. It does sound too good to be true. That's because all patients react differently and get different results from *real medical treatments*.

That's also why no ethical doctor would promise or guarantee ANY results... for

ANY treatment. EVER.

In fact - if you do start hearing over-the-top, exaggerated claims like: "cure for knee arthritis" or "eliminates all pain" or "works for everyone" you should run like heck.

But the fact of the matter is: If you qualify for the treatment you are about to discover, there is a good chance you may be able to relieve some or much of your pain.

I know because thousands of knee arthritis sufferers... just like you... have already found the relief you are looking for.

And even better - this might work for you if your pain is new... or if you have advanced knee arthritis that has made it difficult to even walk.

Here's The Treatment And The Embarrassing Moment

The treatment is called viscosupplemtation. If you have not heard of this treatment - I will explain how it might help you in just a moment. If you have heard of it - or even had this treatment without good results - this information is a "must read."

Here is why: When you have arthritis, one of the things that happens is the lubricating fluid in your joints deceases. This causes joint surfaces to rub, then grind against each other which causes swelling and pain eventually eating way at the cartilage.

Researchers have developed a natural lubricating gel that can be placed in the arthritic knee joint - this cushions and coats the joint allowing it to glide more smoothly which often decreases pain. Sometimes dramatically. Treatment with this special lubricating gel is called *Viscosupplementation*.

Advanced Knee Arthritis Treatment Offers New Hope For Pain Sufferers In New York City



Nothing Spreads The Word Like Caring Doctors and Results - Knee arthritis sufferers have swarmed the OsteoRelief Center in Manhattan, NYC and Norhtern New j Jersey ever since word got out of their advanced medical procedure for knee arthritis

This all sounds great - in theory. But there is a BIG problem with this treatment.

Allow Me To Explain...

While doing research on this treatment, I traveled to a medical clinic in Northern N.J. right outside NYC (they now have clinics in mid town and downtown). This clinic had an excellent reputation and I got to speak not only with doctors but with several patients who ranted and raved about the results.

Many said they had tried countless other treatments in the past... including viscosupplementation... but nothing worked until they had viscosupplementation at *this* clinic.

I was skeptical, so I asked one of the doctors why. How could it be possible that the same treatment that did not work when done elsewhere... was getting results when done here?

His response was honest and a little shocking. And the bottom line was...

"All Doctors Are Human And Sometimes They Mess Up"

I discovered that this treatment must be VERY

PRECISE. In other words, the doctor must be very accurate and actually get the lubricating fluid precisely into the arthritic joint space - or the treatment will be rendered useless.

Many doctors do not want to admit it - but it is very easy to miss the joint space and alter the treatment results.

In fact, research shows that doctors doing these types of joint procedures without advanced imaging may miss the joint space as much as 30% of the time.

Technology To The Rescue

Thankfully technology is solving this problem. How? It's making doctors much more accurate and this treatment much more effective.

Advanced imaging is now available that allows doctors to actually see directly into the joint space and watch the treatment. Doctors can see, or check, if the lubricating fluid goes directly into the joint space - or misses.

The doctor knows if the applied treatment has been a success... or failure... INSTANTLY.

The Difference Between **Knee Arthritis Treatment?**

Should Know... That Might Be Keeping You In Pain

Here's something incredible: I step further to give their patients was able to watch many procedures actually being performed and I was shocked at how many times the doctor thought he had perfect placement... but the imaging proved him wrong.

I was amazed how only a fraction of an inch would make the difference between success and failure.

The best thing is: When the procedure was not perfect - because of the imaging - the doctor knew instantly and was able to make the slight change necessary and achieve the results they were looking for hitting the targeted painful knee joint.

"Double Confirmation" For Best Results

That's why the doctors at

the best. They do not just use one form of confirmation during treatment - they use two in their "double confirmation" process. This is to ensure patients get the best possible results.

It became clear to me that using this advanced imaging and "double confirmation" process just might be why the doctors at this medical clinic get results when others were

What Results Can Be Expected?

Like all medical treatments, the results vary and can not be predicted. But many knee arthritis sufferers get dramatic results. It is not uncommon for patients to either postpone knee who answers the phone, "I would replacement surgery for years... like a complimentary knee arthritis this clinic have taken it one giant or even permanently cancel it.

Who Is This For?

This treatment is not for everyone - but if you qualify you may be able to relieve some or all of your pain. That's why OsteoRelief has a an innovation for you...

Your Invitation

OsteoRelief Centers offer a limited number of complimentary knee arthritis treatment screenings every month. These screenings are a way for knee arthritis sufferers to get some of their questions answered and see if they are a candidate for one of the cutting-edge treatments offered at OsteoRelief Center. If you would like a complimentary screening, just call 800-227-KNEE (5633) and tell the scheduling expert screening.

The screenings fill up fast every month. If you do not call in time to get one this month, the expert will schedule you for next month.

This screening is no cost and there is no further obligation. The best thing about this screening for so many is being able to breathe a big sigh of relief because you finally have hope to relieve your pain and get your life back

Many of the treatments offered at OsteoRelief Institute are covered by many insurance plans and Medicare.

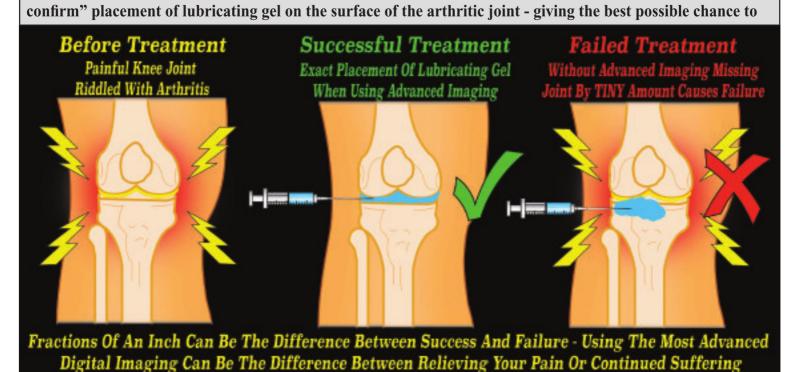
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Why A Fraction Of An Inch Can Be The Difference: Advanced imaging is used to "double



Carey Mulligan is a modern woman

Interview. The actress likes that Thomas Hardy's "Far from the Madding Crowd" is feminist even for today.

Carey Mulligan says she wasn't really looking to do another period drama when "Far from the Madding Crowd" came along. She's always done them, but the role of Bathsheba Everdene — a headstrong woman juggling three suitors to whom she's either indifferent or weirdly into - was too good to turn down. The actress talks about how this

Thomas Hardy adaptation was different and whether she'd ever do something bigger and splashier.

The uniqueness of Bathsheba **Everdene:**

"What I was so excited about was that it's a story that started with a woman who turned down a proposal of marriage. And a good one. It's a young woman in one of the Victorian classics that doesn't start her story looking to be married and isn't looking to be defined by a man. It really hasn't crossed her mind that she would be married. That was so exciting. That



was obviously not the viewpoint of most women of the time.

Working with others:

"When you get to work with actors like this, there's a certain security especially when you make an idiot of yourself in the first week, which is what I did." She also found director Thomas Vinterberg a great help. "We had so many extensive, long conversations going around and around on things. And Thomas said things over and over and over again. I was really annoying. By the time we were on set, we were set on an idea.'

On the costumes:

"We wanted to feel like real people and not actors wearing outfits, not people wearing makeup - but still vaguely attractive in daylight. We never wanted it to feel like a buttoned-up costume drama where people wear outfits and look uncomfortable. ... The way Thomas shoots, it's all about performances. The era is reflected in the costumes. The makeup and the hair, because we were outside all the time, could get ruined immediately. It had to be endurable and functional. But they always made us look good, which was a bonus.



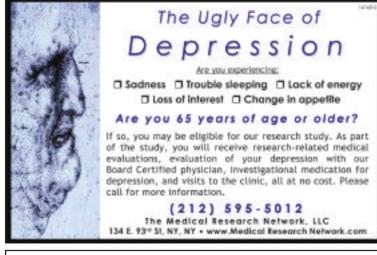
One more thing

Carey: **Action star?**

On the idea of her ever taking an action movie role, she says: "Never say never to anything. The deci-sions I've made over the last couple years have been driven by the characters and the scripts and the directors. ... I'm always drawn to really strong characters but also characters that have a lot to them. I'm not really interested in playing two-dimensional people. But what's amazing about Bathsheba is she's complex and mixed-up and strong and resilient - she's just so many things in one. That's what I'm driven by. And if that came in the form of some action hero,



CAREY MULLIGAN



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Honest Trailers turns 100

Film. How a snarky YouTube lark became a viral sensation.

Screen Junkies' video series Honest Trailers, which pokes fun at blockbusters, just released its 100th episode, skewering "Fifty Shades of Grey." To celebrate, we went behind the scenes with creator Andy Signore to find out the secret to their success.

Where it all started

"'Phantom Menace' was being rereleased in Imax 3-D, and I remembered the disappointment in that movie. Everyone was so hyped, and the trailer sort of tricked everybody," Signore explains. "So we did that on a lark as a one-off. It did pretty well, and then we did 'Twilight,' 'Transformers' and 'Titanic,' and

those hit even harder. After 'Avatar,' we realized we had something seriously connecting with the audience."

Patience is key

"We have to wait until the movie is out digitally for us to play with it,' Signore says. "We've often said, 'Couldn't we do a trailer of a movie that just has a trailer?' But you don't have the honest footage because the trailer is always giving you the cool parts, and most of our Honest Trailers are built around the parts that they don't really want you to see.

You can play with the format

"We have a formula, but we'll try and step away from it when we can," Signore says. "We can try new things. Like our 'Boyhood' Honest Trailer - whether it was successful or not as far as views, it was just fun to take a break and do a different format. I remember being worried about if the 'Les Miserables' one would work. When we can push ourselves and find sort of the different format changes, it helps us stay sane and keeps the brand fresh.

Filmmakers aren't always too pleased

"When he saw the 'Lego Movie' one, Chris Miller tweeted, 'I don't really agree with this, but I laughed,'" Signore says.
"Zack Stentz, who wrote 'Thor' and 'First Class,' tweeted, 'If anyone shares these insufferable Honest Trailers with me again, I will unfollow you.' We replied to him and apologized. He has actually become a fan.'



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Dude Perfect bros slam-dunk their way to fame on YouTube

Q&A. Tyler Toney talks about the rise of the Dudes.

The story of Dude Perfect starts with a few college bros, hanging out and shooting some hoops — nothing extraordinary about that. But when the five Dudes posted a video of themselves doing trick shots to YouTube, their lives completely changed. We talked to one of the members, Tyler Toney, about their rise to success.

How did Dude Perfect get started?

It was six years ago when we were all roommates at Texas A&M. I told Garrett [Hilbert] if I



made [a basketball] shot in the backyard, he had to buy me a sandwich. I [made it], he bought my sandwich and we came back, and all the

other guys tried to make the shot. After two days of doing that, we had our very first video and "Good Morning America" called and wanted to air it on TV.

What's been your most surreal moment while working on Dude Perfect?

Going to the ESPY Awards was pretty incredible. That was a crazy experience, getting to be on the red carpet and interact with celebrities and athletes. That was really a oncein-a-lifetime thing and the first time we got access to the media and athletes.

You've had a lot of special guests on Dude Perfect. Who were your favorites?

Personally, I'm a big fan of country music, so working with Tim McGraw was really cool — I grew up listening to him. Coach Carroll [of the Seattle Seahawks] and Rob Dyrdek of "Fantasy Factory" were really cool.

When you started the channel, did you ever think you'd be working with celebrities?

We did our first brand deal one and a half years into Dude Perfect, and since then, almost every video we do now is a branded athlete or celebrity video — and we're not the ones reaching out to these guys. It's really cool to be in that position where not just regular fans and viewers like what we're doing, but athletes and celebrities like it, too.

It sounds like you and your friends have a lot of fun.

We don't take ourselves too seriously, and that's one reason people are drawn to our types of videos. We're just a couple of five average, athletic guys, and we don't try to act like we're anything else, so I think people can really relate

Be sure to read Metro next week to catch Dude Perfect's column on how to have fun at work.



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DRAMA

'Criminal Minds'

A case gets personal for Kate when her niece and another girl appear to have been kidnapped by someone who may be involved in sex trafficking. SEASON FINALE, 9 P.M.,

REALITY

'Catfish'

A recent high school grad wants to move to California to be closer to someone he met online, and naturally, his mother calls in Nev to find out if the person is real. Think things will work out for the lovebirds? 10 P.M., MTV

TALK

'The Tonight **Show Starring** Jimmy Fallon'

Kerry Washington stops by. Do you think he can get any information out of her about this season's "Scandal" finale? 11:35 P.M., NBC LISA WEIDENFELD

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# Apts.	Apartment	Monthly	Household	Total Annual Income Range
Available	Size	Rent *	Size**	Minimum Maximum***
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*Tenant responsible for Electric **Subject to Occupancy Criteria ***Income guidelines subject to change

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Andrew M Cuomo, Governor Darryl C. Towns, Commissioner / CEO York State Homes and Community Renew www.nvhousingsearch.gov







Children learn the feminist ABCs in 'Rad' alphabet book

Story time. A new children's book exposes boys and girls to important women in history they otherwise might not learn about.

"Rad American Women A-Z" is more than just an average kids' alphabet book: A is for Angela Davis, P is for Patti Smith and S is for Sonia Sotomayor. The groundbreaking children's book contains stories of history's most radical women —

stories that are not often taught to young children. We spoke with author Kate Schatz about the book, which has become an overnight success; it has sold out of its first two print runs, and a third run is on its way.

Why is it important for young girls and boys to read "Rad American Women" and books like it?

It's obviously super important for girls to have strong role models, but it's totally important for boys to have strong female role models as well. If they don't grow up respecting women, admiring women and

seeing women in strong positions of power and success, then that doesn't change our misogynistic culture at all.

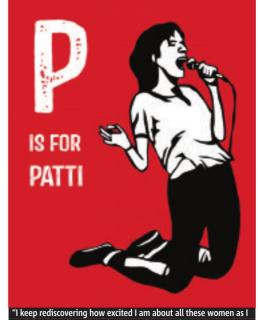
What do you say to people who think the book is only for girls?

When people have been skeptical about whether boys can relate to the book, my response is, "Why would we expect young boys to relate more to George Washington than to Sonia Sotomayor?" I think kids can relate to [these women] way more than they can to these abstract, ancient heroes that we just assume all kids will be interested in.

Were there any women you wanted to include in the book but didn't have room for?

Yes, thousands and thousands of them. These are really just a jumping off point, these 26. For a lot of the letters we had just a huge list that we were deciding on, and we kind of had to whittle it down over time.

Your book includes women from many different groups and backgrounds. Are there any trans women included in the book? Yeah! K is for Kate Bornstein, who is a really wonderful trans activist and playwright and



"I keep rediscovering how excited I am about all these women as I read them," author Kate Schatz says about her favorite women featured in the book. PROVIDED

writer. She wrote "My Gender Workbook," and some really great texts that are used in a lot of women's studies classes. I don't make a huge deal about it. I don't say, "This is really controversial."

I just say, "She was born with a boy's body, but she always felt like a girl, and now she lives as a woman, and that's that." And it's fun. And kids are just like, "OK, cool!" PEGAH YAZD



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Sarah Tomlinson's dizzying father-daughter dance

Memoir.

In "Good Girl," Sarah Tomlinson explores her rollercoaster relationship with her mostly absent father.

From the outside, Sarah Tomlinson had a picturesque childhood. She grew up with her mom, stepfather and little brother in a cooperative community on 100 acres of land. Still, she longed to know her birth father, whom her mother divorced because of his compulsive gambling. Tomlinson tells us about their eventual, complicated relationship.

Having it all, yet wanting more

Her father's visits were few and far between, usually occurring once a year but sometimes as rarely as every other year. "I thought of him like a rock star, and his visits were the best of my life,"

Sarah Tomlinson says writing the memoir was a healing process.

she says. "So even though I had this beautiful childhood, it was really painful because I missed my dad. Kids don't have the conception to understand addiction or to understand some of the setbacks that might keep an adult from being a good parent."

Bad boyfriends and booze

In her 20s, Tomlinson says the relationships she had with men echoed her relationship with her father. "I dated men that were largely absent," she says. "They

ally very comfortable for me to miss people.

She also started drinking - a lot - which she says in part was to add heightened drama to otherwise lackluster experiences. It wasn't until realizing that, and going through therapy, that she became content with quiet nights at home.

Reconnecting

In her 20s, Tomlinson found herself living in the same city, Boston, as her father, and the two would meet up for father-daughter dates regularly, doing all the things she craved to do with him when she was a kid. "That time was really healing for me,' Tomlinson says. "We

really got to know each other, which was a pretty incredible opportunity.'

Inspiring others

Tomlinson hopes her story will provide solace to others who are still unpacking their own complicated relationships. "I think sometimes people who have a troubled childhood but not a 'bad' childhood feel a little bit guilty about that. They think, 'I wasn't abuseď. Why can't I be happy?' ... It's OK to have a painful experience that from the outside doesn't look 'that bad."



EMILY LAURENCE



If you go

were touring musicians who were away and then in town for a night, and we'd have this amazing connection. It was actu-











Home how to:

Bohemian on a budget

Four tips on curating a well-traveled home for cheap



EMILY LAURENCE

Creating a home rich in texture and color doesn't mean you have to wait around for one of the chic Tibetan boutiques in your neighborhood to have a sidewalk sale. "The key to bohemian style is a layered and collected home that reflects your own personality," says Justina Blakeney, author of the beautiful new coffee-table book "The New Bohemi-"The heart of a bohemian home is creativity,' she says. With that in mind, we called her for some tips on how to create a boho home without going broke.



Give what you have new life

Blakeney says the easiest way to make your flea market find look like it was imported from Morocco is to paint it, and her big tip for going boho is to go bold. "People get scared

to make a bold paint choice because they're scared they'll hate it. But if you hate it, you can just paint it a different color. It's not a permanent thing," she says. "I have a dresser I bought for \$100 at this place called Junk in Brooklyn, and I've painted it, like. five different colors."

Shop secondhand

The couches and beds featured in "The New Bohemians" are all layered with beautiful, brightly patterned pillows. Blakeney

says she scored most of hers on eBay. "Instead of paying \$80 for a pillow from a New York boutique, I'll pay \$15 for one I find on eBay," she says, adding that the best search terms to use are "kilim pillows" or "Berber Moroccan pillows."

Accent with potted plants

Instead of spending a fortune on freshly cut flowers, Blakeney says to figure out what type of potted plants will thrive in your apartment. "I included a plantipedia in the back of the book to bust the green thumb/brown thumb myth," she says. "You just need the information about what type of plants thrive in the environment you have at home, how often you should water it, and then just follow through."

To her, a plant trailing down a tall bookshelf or a beautiful palm arching in the corner is a staple to bohemian living and provides a figurative and literal breath of fresh air. "Everything around us is computers and cars. Even at home, we have all these machines, metal and cement. We need to balance out urban living with



LES prices push past \$2,000 a foot

New condo projects boost neighborhood's sales market.

TheRealDeal.com is a daily blog and monthly magazine covering real estate in the New York metro area



The Lower East Side, one of the city's most storied neighborhoods, has long been an overlooked corner of the Manhattan residential sales market. But it finally seems to be coming into its own as the new-development pipeline pushes prices past the \$2,000 per-square-foot barrier.

The Lower East Side saw just two new development units sold in the first quarter of the year, accounting for less than 1 percent of all sponsor units sold across Manhattan, according to a recent report from residential brokerage MNS.

But the pipeline is

growing.

"I think for a long time the demand wasn't there for this type of product," MNS CEO Andrew Bar-rocas said. "I think that based on some of the new product for the area, we're seeing some positive reac-

"We're seeing numbers on par with other parts

of the Downtown market, where buildings are getting over \$2,000 per square foot and some up to \$2,500 per square foot.

Brokers with new Lower East Side projects on the market told us that their buildings are averaging blended prices north of \$2,000 per square foot.

One of those buildings is Adam America Real Estate's 38-unit 100 Norfolk, which is designed by Eran Chen's ODA New York and sits at the corner of Delancey Street. A 2008 rezoning paved the way for bigger projects in the area.

We're seeing largerscale projects happening," said Douglas Elliman broker Ariel Tirosh, who is leading sales at 100 Nor-

Another building pushing past the barrier is DHA Capital's 37-unit 50 Clinton St., where the in-contract units are blending at \$2,100, said Elliman's Fredrik Eklund, who is directing sales at the build-

ing.
"Two-and-a-half years back when we programmed the building .. we thought there would be a lack of buildings with efficient units: \$1 one-bedrooms, million \$2 million two-bedrooms [and] \$3 million pent-houses," he said. "We're setting a high price per square foot, especially with the penthouses.





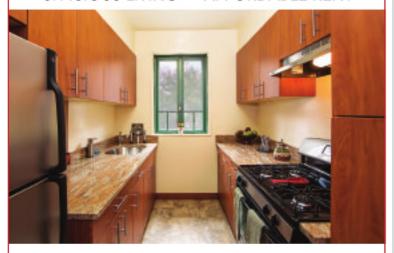


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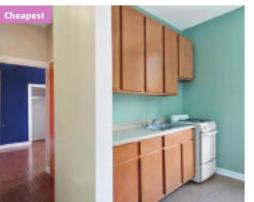
Market watch



\$81M

432 Park Ave., PH93

The most expensive listing to come onto the market this week is a full-floor penthouse located in Midtown, marketed by Douglas Elliman. The six-bedroom, eight-bathroom home features a private elevator, a library with wood-burning fireplace and panoramic views of Central Park and the city. The building offers a doorman, swimming pool, valet and gym.



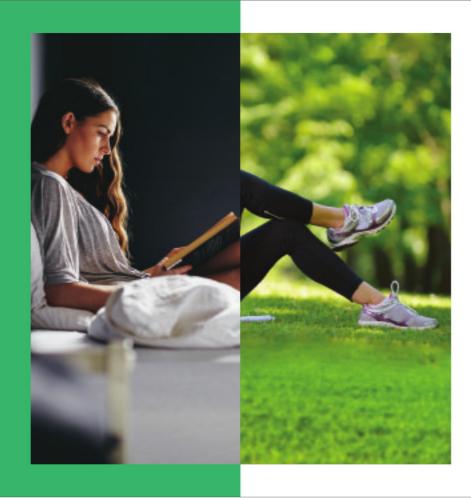
\$150K

50 W. 112th St. #3A

The least expensive property to come onto the market this week is a one-bedroom co-op in an HDFC income-restricted building in Central Harlem, two blocks from Central Park. Building amenities include a bike room, laundry room and elevator.

StreetEasy.com is a New York based Real Estate information portal that aggregates the most comprehensive set of sale and rental listings along with other useful info.







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Horoscope

Taurus | April 21-May 21 Stop procrastinating. You need to secure your position. Go over documents with a professional who can guide you

II Gemini | May 22-June 20 You will have problems meeting your deadlines. If you need help, ask. If you are grateful, you will gain popularity.

Gancer | June 21-July 22 Doing something that you enjoy can also put money in your pocket. You won't be considered for a promotion unless you flaunt what you have to offer.

€ Leo | July 23-Aug. 22 Positive change is on the horizon. Insight from a trip or an enlightening seminar will form the basis for personal change...

M Virgo | Aug. 23-Sept. 22 Discussions with friends or family will become volatile if you are too demanding. Be agreeable and let everyone have a say.

△ Libra | Sept. 23-Oct. 22 Pamper yourself. You deserve some downtime, so don't let anyone interfere with your personal indulgences. A day of rest will ease your stress.

M Scorpio Oct. 23-Nov. 21 Check out other alternatives if your career is not progressing as you had hoped. Job search sites can provide a variety of alternatives.

⁷ Sagittarius | Nov. 22-Dec. 21 Be firm if you are confronted by someone who wants you to compromise your values or reputation. Trust your intuition.

Capricorn | Dec. 22-Jan. 20 Strive to maintain a positive attitude. You may not be able to control a situation, but that's no reason to give up. Accept the inevitable.

🗻 Aquarius | Jan. 21-Feb. 18 Making a difference for others will bring about a change in you. Get involved in a group that gives aid to those less fortunate.

Pisces | Feb. 19-March 20 Stay out of the spotlight. You will learn more if you sit on the sidelines and observe what those around you are doing.

T Aries | March 21-April 20 You have everything you need to get ahead. Forming a partnership with someone looks favorable. A home-based business has potential. EUGENIA LAST

Letters to the editor

It's good to be a cow

Re: 'Don't have a cow' (Metro, May 4) I don't know where the letter writer got his information, but clearly he hasn't been to the same farms I've been to. Most small farmers (NOT corporations) treat their cows very well. They are fed in the morning and milked. Then they are turned out into a pasture all day, where they can eat, chew cud and socialize. In the evening, they are fed and milked again. It's a pretty good life for a cow. The farms I have been to keep a bull, so the cows can breed when they like. The cows are named. They are vaccinated whenever necessary. The calves are not taken from mom at birth; instead, they

Visit us online at Metro.us.

Use your smartphone to find today's crossword answers! Download and

open the Blippar app on your smartphone and hold the screen over

the puzzle.

are kept together and weaned when appropriate. Then they are given a formula just like human babies. I've never seen a cow chained to a floor, not allowed outside and otherwise treated badly. Farmers make their living by selling the milk their cows produce. Unhappy or ill-treated cows do not produce, so it is in the farmer's best interest to treat them as humanely as possible.

SUE EARLEY, VIA EMAIL

Attacking the way livestock is raised with incendiary misinformation is not only manipulative of concerned consumers, it is downright hurtful to farmers. It breaks my heart seeing my childhood memories on my family's dairy farm degraded to the point of "cruelty." DOUG S., VIA EMAIL

Sudoku: Easy and hard

8			6				2	4
6				2		1		
1		7		5			9	
			5	3			8	
	6						7	
	7			6	2			
	8			4		3		7
		2		1				5
4	1				8			9

	1		2	5	8	7		
	2				3			1
8							2	3
2					4			
3	6						7	4
			6					8
6	8							7
9			1				5	
		7	8	9	6		3	

How to play Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Crossword

Across

1 Customs request

5 Move a bit

10 With, to monsieur

14 Promises to pay

15 Windy City airport

16 Zeus' spouse

17 TVA supply

18 Kim of "Vertigo"

19 Half of zwei

20 Continental divide 22 Bark product

23 Ms. Peeples of TV

24 California fort

25 Tucker's partner (2 wds.) 29 Brushed the cat

33 Gather

34 "Damn Yankees" vamp

36 Kismet

37 Still

38 Trite

39 Guffaw

40 Novelist — Ambler 42 Colony members

43 Living quarters

45 Forceful

47 Topped a grapefruit

49 Four-footed pal

50 Pinch, in a way

51 Fer-de-lance

54 Mining marble 60 Kassel's river

61 Bizarre

62 Bright thought 63 Ms. Sommer of film

64 Artemis, to Livy

65 — de plume

66 Riverbank growth

67 Lucy's sidekick

68 Gooey gruel

Down

1 Outlook

2 Kansas town 3 Bird-feeder treat

4 Lift-off followers

5 Miniature maple, e.g.

6 Yikes! (hyph.)

7 Brubeck of jazz 8 June celebrant

9 Startled cry

10 In front (2 wds.)

11 Seam of coal

12 Mr. Rubik

13 Soft-drink buy 21 Curved bones

22 — -Magnon

24 Type of exam

25 Howled at the moon 26 Abrasive mineral

27 Tuxedo trim

28 Chamonix's Mont --

29 It's made from sand 30 Municipal chief

31 Liszt opus

32 Faked out the

goalie 35 Windsor's prov.

38 Night crawler

41 Pranced

43 Petri-dish contents

44 Mollycoddling

46 Mal de

48 Fictitious

51 Swerve

52 Unfounded, as rumors

53 Lap dog

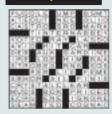
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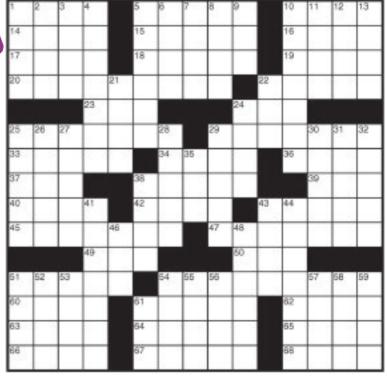
55 Bryce Canyon state 56 Drury Lane composer

57 Artifact

58 Verne skipper

59 Fight for breath 61 Lyric poem





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NBA Isiah back in NY versial stint with th Knicks nearly 10 years ago, will be back at Madison Square Garden soon - this time as the pres and part ov the WNBA's New shortly after as an MSG employee, Anu accused Thomas of sexually harassing he

Martins gives his side on scuffle with Jones

MLS. Things got heated between New York's Felipe Martins and New England's Jermaine Jones last weekend.

On Felipe Martins' right wrist is a tattoo of two stick figures, one representing his wife and a smaller one holding a balloon which represents his 10-monthold son, Noah. He can point to this, he says, to show how important family is to him.

Which makes the accusations leveled against him by United States international and New England Revolution midfielder Jermaine Jones all the more painful for Martins.

The Red Bulls' Brazilian midfielder, in his first year with the team, was involved this past Saturday night in a post-game scuffle with Jones. After the match, Jones accused Martins of speaking in Portuguese and saying incendiary comments about his family and his wife during the game, won 2-1 by the Revolution.

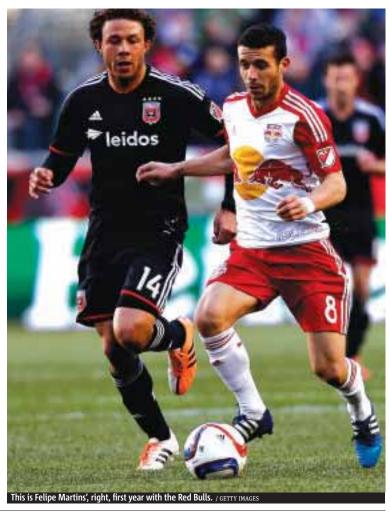
Martins denies saying any such thing and says that if he had to speak to Jones about anything, it would be in English since he's assuming that Jones, a German-American, doesn't understand Portuguese. But even beyond that, he outlined on Tuesday afternoon that at no point did he make comments about Jones or his family.

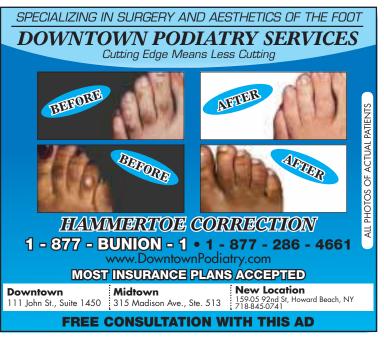
"Jermaine Jones came up with this thing that said I spoke about his family. I was very, very mad. I'm a guy who loves to win, has a passion for this sport," Martins told Metro. "I'm sometimes hard on the field, I fight to win but I'll never disrespect anyone with hard words about family. I'm a guy who has a family, a kid and a wife. I think he misunderstood me."

To date, there has been no public retraction from Jones.

"Jermaine either misunderstood what Felipe said or he fabricated it," Red Bulls head coach Jesse Marsch said. "I know for a fact that Felipe never said anything about his family, even more so he's not that kind of person. Jermaine hasn't publicly retracted anything but I think he should. Frankly, I don't think Jermaine's behavior was upstanding."

KRISTIAN DYER @KristianRDyer sports@metro.us







MLB Power Rankings | by Ryan Hannable



(19-6)

The loss of Adam Wainwright for the year has apparently given the Cardinals some motivation as they have won seven games in a row and now are up 5.5 games in the NL Central. Michael Wacha has already racked up four wins this season.

No. 2

Astros (18-8)



No one saw this start by the Astros coming. Houston won 10 straight, before losing Monday, to open a seven-game lead.

Tigers (17-9)



Led by its offense, Detroit is leading the AL Central. Miquel Cabrera has the third-best average in the AL at .366.

Dodgers (16-9)



The Dodgers have won seven of their last 10 and are 13-2 at home with a three-game division lead.

No. 5

Rovals (16-9)



Kansas City has lost two straight games, but still has the best run differential in the game at plus-45.

No. 6

Yankees (16-10)



The Yankees have won seven of their last 10 games, including a threegame sweep of the Red Sox over the weekend.

No. 7

Mets (16-10)



The Mets have lost seven of their last 10, but still hold a 3.5 game in the NL East, showing just how good of a start they had.

Padres (14-13)



Aside from the Dodgers leading the way, the rest of the NL West is separated by just 2.5 games. The Padres lead the NL in runs.

No. 9

Rays (14-12)



Led by their pitching staff, the Rays have made a move up the AL East standings by winning six of their last 10 games.

No. 10

Twins (14-12)



The Twins came out of nowhere this past week, as they have won five straight and eight of 10 games.

No. 11

Cubs (13-11)

Despite Jon Lester picking up his first win of the year this past week, the Cubs have lost three games in a row.

No. 12

(13-13)



The champs have gotten better after a slow start, but the offense still can't get anything going, with only 81 total runs so far.

Nationals | (13-14)



As was expected, the Nationals have started to make their run up the standings, winning three straight games.

Blue Jays 🥞 (13-14)



The issue for Toronto is for as good as its offense is, its pitching is just as bad. The Jays are averaging just under 5.5 runs a game.

NHL. Rangers always living on the edge

Playoff hockey has its high-intensity reputation due to the turn-on-adime, sudden death nature of the sport and, in particular, games decided by one goal. But things have gotten ridiculous for the Rangers.

Dating back to last year's run to the Cup Final, the Rangers have had 10 straight postseason games decided by one goal. In fact the Rangers haven't won by two or more goals in a postseason game since Game 2 of last year's Eastern Conference Final. The last time they played in any playoff game that wasn't decided by one goal, they were shutout, 3-0, by the Kings. Perhaps Monday night's shutout loss to the Caps will signal the end of the heart attack streak, but the Rangers would certainly take a win any way they can get it.

"A bounce would be nice," Rick Nash told the New York Daily News. 'The ones that were going in early in the season aren't there. Especially when your goalie gives you a chance to win, I definitely look at myself and it's frustrating.'

Nash is, of course, the front man for the Rang-



ers' scoring woes. After a career-high 42 goals in the regular season, Nash has hit the net just once through eight playoff games in 2015. He was more active in Game 3, putting seven shots on goal – the largest total of his postseason so far but is still searching for a breakthrough performance.

Game 4 of Rangers-Capitals in tonight (7:30 p.m., NBCSN) in D.C...

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ZKA IT SOLUTIONS LLC. Articles of Organization filed with the Secv. of State of NY (SSNY) on 04/13/2015. Office location: York County. SSNY designated as agent of LLC may be served. SSNY shall mail process to the LLC: c/o 149 Madison Ave., Ste. 1184, New York, NY 10016. Purpose: Any lawful activity.

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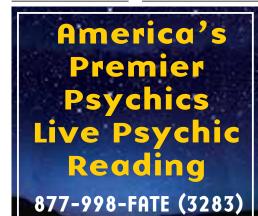


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